From: TYRONE WILLIAMS <twone@sbcglobal.net>

Sent: Thursday, March 18, 2010 4:15 AM **To:** secretary <secretary@CFTC.gov>

Subject: regulation retail forex

please leave the leverage set at 100:1 I'm against the proposed change! It will hurt forex traders not help them. I' ve traded forex for 5 years with no leverage problems. thanks for your time. forex trader.