From: Adrian Shepherd <ade98@yahoo.com>
Sent: Wednesday, March 31, 2010 2:42 AM

To: Metals Hearing <metalshearing@CFTC.gov>

Subject: metals position limits

To whom it may concern,

I am a concerned citizen of the world wondering what the next few years will bring. I believe hardship and struggle are in the cards for many. For the others wealth and fortune await. While I would like to give my feelings regarding gold and silver holdings I think these people say it best.

http://silverstockreport.com/

http://www.milesfranklin.com/default.aspx?page=The-Miles-Franklin-Report

and

http://goldsilver.com/home/ref/1/dc/mailheaader/

Sincerely,

Adrian Shepherd