From: Bryan Armstrong <boostrong@hotmail.com>

Sent: Wednesday, January 20, 2010 11:07 PM

To: secretary < secretary@CFTC.gov>

Subject: Forex Leverage changes

I am writing to show my disapproval of the proposed regulations concerning the change of leverage in the forex market. I have traded the forex market off and on for eight years or so. I have always had the choice to decide what risk I am willing to take per trade. I have learned a lot over the years about the market and yes you tend to learn more from your losses than your profitable trades. All of the brokers websites that I have visited have made it very clear to learn how to trade the market and the risks involved before you enter the market with real money.

Leave us with the "RIGHT TO CHOOSE".

Thank you,

Bryan